

The New Baby

Once upon a time there was born a beautiful baby named _____.

Place picture of child's home here

He / She lived at home with Mommy & Daddy

Place family picture here

_____, Mommy & Daddy were a family

Place family picture here

_____ loved Mommy & Daddy and they love him / her

Place picture of favorite rituals like parents / child story time here

_____ liked to have special time with Mommy & Daddy

Place picture of sibling here

The baby's name is _____. This means that _____ is now a BIG BROTHER / SISTER!

Place picture of baby & sibling here

_____ may have some big feelings about having a new baby at his / her house. Did you know lots of kids have big feelings?

Place picture of baby & sibling here

Sometimes _____ may have Happy feelings about the new baby. After all,
it can be exciting to have someone new come to your house!

Sometimes, _____ may have big sad feelings about the new baby. The baby gets so much attention from Mommy & Daddy! _____ may wonder if he / she will ever get to have Mommy & Daddy to himself / herself ?

Sometimes, _____ may have big mad feelings about the new baby. It so hard to wait! Sometimes _____ may want to be a baby too!

Learning to wait is hard work!!!! _____ may have big mad feelings about waiting too! He may feel sad and mad. Can you have 2 feelings at the same time? Yes!!

Place picture of sibling here communicating with family member

What can _____ do if he / she has big sad & mad feelings while learning to wait? He / She can use words to talk about his / her feelings!

Place picture of sibling here communicating with family member

“I don’t like it when I have to wait for baby brother / sister!!”

Place picture of sibling here playing by himself / herself

_____ can find something fun to do while he / she is waiting

Place picture of sibling and blankie

_____ can cuddle with his / her soft blankie

Place picture of sibling and stuffed animal

_____ can cuddle with his / her favorite stuffed animal

Place picture of sibling reading a book

_____ can look at a book

Place picture of sibling and parent

Soon, the wait will be over and it will be _____'s turn to have special
time with Mommy & Daddy

Place picture of sibling smiling

_____ will have big happy feelings again!!

_____ is learning to wait for Mommy & Daddy while they take care of baby. He / She is doing some good growing up work.

Place picture of sibling, baby, Mommy & Daddy

_____, Mommy, Daddy and Baby _____ are a family!