

Mommy's Trip to the Hospital

@2005 Marilee Hartling
Early Childhood Development Associates

(Child's Name)

lives at home with his / her mommy and
daddy.

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_____ 's Mommy and Daddy love
(Child's Name)

_____ .
(Child's Name)

They give him / her hugs and hold
_____ on their laps
(Child's Name)

Someday soon a new baby will come to live with
_____ at his/ her house.
(Child's Name)

The baby's name is _____
(Baby's Name)

When it is almost time for the baby to come,
_____ 's
(Child's Name)

Mommy & Daddy will go to the hospital.

Daddy will drive Mommy to the hospital in the car.

_____ will wave "Bye-Bye" to
(Child's Name)

Mommy & Daddy.

_____ will come to
(Care Taker's Name)

_____ 's house and
(Child's Name)

Take care of him / her while Mommy and Daddy are
at the hospital.

_____ will take good care of
(Care Taker's Name)

(Child's Name)

While Mommy is at the hospital.

_____ &
(Care Taker's Name)

_____ can
(Child's Name)

(Activity)

_____ will play with _____
(Caretaker's Name) (Child's Name)

And take him / her to the park.

At night _____ will fix _____'s

(Caretaker's Name)

(Child's Name)

Dinner.

_____ will also give
(Caretaker's Name)

_____ his / her bath
(Child's Name)

After his / her bath, _____ will

(Caretaker's Name)

read a story to _____ and then it will

(Child's Name)

be time for bed.

Sometimes _____ will miss Mommy

(Child's Name)

& Daddy. Then he / she can hold his / her

blankie and her _____.

(Stuffed Animal)

He / she can have her _____.

(Soothie, or Pacifier)

When _____ misses Mommy &

(Child's Name)

Daddy, he / she can ask _____ for

(Caretaker's Name)

a hug. He / she can even call them on the
telephone.

Soon it will be time for Mommy to come home
from the hospital. _____ will be happy

(Child's Name)

to see Mommy again and Mommy will be happy

to see _____ again.

(Child's Name)

There will be a new baby in the house when

Mommy comes home. But _____'s

(Child's Name)

Mommy & Daddy will always
love _____ . They have room to hold

(Child's Name)

_____ and baby _____

(Child's Name)

(Baby's Name)

In their laps. There is enough room for everyone.

_____ and baby _____ and
(Child's Name) (Baby's Name)

And Mommy & Daddy will be a Family!

Note to Parents: When you are expecting a new baby, it is a good idea to prepare your older child for the separation during hospitalization and for the changes that will occur in your relationship after the baby comes home. Let your older child learn to participate with you and identify with you as a caregiver for the new baby. Be sure to plan for some regular special time alone with your older child on a regular basis after the baby arrives. For any concerns, we are available for consultation.